

Assessments and testing
services from

**West County
Psychological
Associates**

- ✓ Assessments and testing services are available for children, adolescents, adults and seniors.
- ✓ Length of waiting time for appointment availability is brief, and reports are available quickly after assessment completion.
- ✓ All testing & assessment services are conducted by appropriately licensed professionals.
- ✓ Payment plans are available, and many insurance plans will cover all or a portion of the fee.
- ✓ Please call our office, at (314) 275-8599, if you are interested in any of our testing services.

**West County
Psychological
Associates**

**Assessments and
Testing Services**

*Promoting personal wellness
and growth...*

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Attention-Deficit/Hyperactivity Disorder (ADHD) Differential Diagnostic Assessments

Children display problems with attention, impulsivity, and overactivity for a variety of reasons. Unfortunately, the cause of these problems is frequently misdiagnosed.

Only too often, a child is diagnosed with ADHD after a brief meeting and the review of behavior checklists. However, many other types of problems can "mimic" the symptoms of ADHD, such as depression, anxiety, conduct problems, and certain medical conditions. For a child to be appropriately diagnosed with ADHD, these other "mimicking" conditions need to be ruled out as the sole cause of the child's difficulties. WCPA offers a comprehensive assessment, in order to determine the true cause of an individual's problems with attention and/or hyperactivity.

Learning Disability Assessments

While these assessments are available from local public schools, parents often find that their district has extensive waiting lists and overly-strict diagnostic guidelines. WCPA provides timely and accurate evaluations for learning disabilities, as well as comprehensive, specific recommendations for remediation. The process includes individual administration of intelligence and achievement tests, to determine if any significant discrepancies exist that would suggest the presence of a learning disability.

Psychological Assessments

Oftentimes, a psychological examination is recommended to confirm an individual's mental health diagnosis or to guide therapeutic treatment.

Thorough psychological assessments of children, adolescents, and adults with behavioral and emotional concerns are available. A variety of assessment techniques can be utilized, including behavioral rating scales, indices of depression and anxiety, and objective and subjective measures of personality and emotional functioning. The methods used in a particular case are determined by the age of the individual being tested and their presenting problem. Upon completion, the written report explains, in understandable terms, any diagnosis and recommendations for treatment.

Risk Assessments

Due to tragic, recent events of school violence, requests for risk assessments are increasing. These assessments evaluate students who have made statements or gestures that have raised schools' concerns regarding possible violence. Risk assessments include not only the use of clinical interviews, but also behavioral rating scales and objective measures of behavioral, emotional, and personality functioning as indicated by the age of the student. With parental consent, schools testing results are shared with a school administrator and/or counselor.

Comprehensive Student Assessment Team

Students' difficulties in learning, behavior, emotions, or peer relationships are more evident through observation of the student in the classroom and interviews with teachers. A diagnostic team at West County Psychological Associates can conduct a Comprehensive Student Assessment. The assessment would include an on-site observation of the student in the school and classroom, consultation interviews with teachers and parents, educational and psychological testing, a thorough written report with recommendations, and a feedback session for school staff and parents.

All of our assessments are conducted by appropriately licensed clinicians, and include both a feedback session and a written report, containing testing results and comprehensive recommendations.

In addition, we have developed payment plans for families who wish to have the best assessment conducted, but find the costs prohibitive. Please contact our office for information about this option.

And as always, we provide treatment, in addition to assessment, for all of the issues listed above. Furthermore, we continue to consult with schools on all of these issues, as well. Please contact Dr. Robert Poirier at (314) 275-8599 if you require any additional information.