

## *At a Glance...*

### Signs of alcohol and substance abuse:

- Parents aware of experimental use.
- Academic and/or truancy problems.
- Unexplained mood changes.
- Avoidance of family activities.
- Smokes cigarettes.
- Minimizes serious of substance use.
- Lying.
- Isolation to own room.
- Money is suspect.
- Change in appearance.
- Two sets of friends.
- Legal violation (s).

If you have answered yes to two (2) or more of these symptoms, there is reason to have concern.

### ***FOR IMMEDIATE ASSESSMENT***

Phone: 314-275-8599

## **West County Psychological Associates**

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## ***Complete Substance Abuse Services***

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***Promoting individual  
growth and family  
wellness...***

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## COMPLETE SUBSTANCE ABUSE SERVICES

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Providing private personalized care, West County Psychological Associates offers complete alcohol and substance abuse prevention, intervention, and counseling alternatives. Complete Treatment Recovery is tailored to meet the individual need (s) of the client, family, and school.

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### *Philosophy:*

*WCPA espouse that chemical dependency is a multi – faceted disease with observable, measurable symptoms. If left untreated substance abuse will result in the progressive deterioration of one's vital life areas.*

*It is our belief that by arresting the abuse of mood altering chemicals, and utilizing appropriate treatment that one can restore his life to being a respectable and productive member of the family and in society.*

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### *Complete Treatment Recovery Services...*

**Assessment:** As a complimentary service, a preliminary assessment is conducted to determine the therapeutic needs of the client. An action plan is designed to provide a smooth transition to assessment, counseling, or referral.

**Intervention:** A comprehensive interview process will determine the extent that substance use has had on a client's vital life areas. These areas include: Academic, Spiritual, Family, Social, Emotional, and Physical.

Medical and Clinical Diagnostics:

- ✓ Medical Drug Screen.
- ✓ Psychosocial Assessment.
- ✓ Substance Use Severity Assessment.
- ✓ Academic Contact Conference.
- ✓ Therapeutic Recommendations Conference with parents and school.

**Counseling:** Complete Treatment Recovery blends individual, group, and family counseling, providing a full circle of care. Outside support systems are utilized accordingly.

**Random onsite drug testing** is available on request.

### *Education and Training Services...*

**Parent Education:** Substance abuse affects the natural balance of the family system. Education and guidance provides parents with the tools necessary to restore order in their household.

**Private Consultation:** Academic consultation is designed to assist Administrators and Educators to develop efficient methods to impact the use and/or abuse of alcohol and other drugs within their organizations.

**Prevention:** School based age specific services have been developed to educate children, adolescents, and families to the exact nature and extent of substance abuse, offering solution-based intervention.

### *Our Team of Service Professionals...*

Our team is comprised of Psychiatrists, Psychologists, Counselors, and Social Workers, who offer several years of dedication, experience, and specialization in counseling children, adolescents, family, schools and addiction.