

Presentations and
Inservices from

West County Psychological Associates

- ✓ Presentations are available for any sized group of students, teachers, parents, and/or administrators.
- ✓ Presentation length can vary from one hour to full-day workshops, depending on topic.
- ✓ West County Psychological Associates' consultants include Educators, Licensed Psychologists, Professional Counselors, Clinical Social Workers and Substance Abuse Counselors who specialize in consultation and training within schools.
- ✓ Please call our office, (314) 275-8599, if you are interested in any of our presentations.

West County Psychological Associates

Presentations and Inservices for Schools

*Promoting professional growth
and school wellness...*

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Dealing with Difficult Parents

Specific types of difficult parents are clarified, along with concrete suggestions for responding to each type. Participants role-play solutions.

Attention-Deficit/Hyperactivity Disorder (ADHD)

Discusses assessment, diagnosis, treatment, and school and classroom interventions.

The School Professional's

Response to Child Abuse Includes must-know material for new teachers and serves as essential review for those with years of experience.

Discipline that Gets Results This presentation covers what works and what doesn't in the classroom. How to preserve your own peace of mind during the process is also discussed.

Improving Parent-Teacher

Conferences Designed to give concrete suggestions for improving conferences and making them less stressful for everyone involved.

Bully-Proofing the School Offers information about how to promote a no-bullying atmosphere at your school, and how to respond to the bullies and victims, when they're discovered.

Understanding Real Self-Esteem

Defines self-esteem, describes how it is created, debunks self-esteem myths, and shares how it can be either stifled or supported by parents and schools.

School Violence Seminar

In response to the widespread concern about school safety, we offer a six hour long seminar about school violence and safety, using the latest FBI information.

Family Violence

The cycle of violence is presented, along with its effects on children and suggestions for safe and appropriate school responses.

Collaborating with Parents to

Insure Student Success A collaborative relationship with parents is critical for student success. Concrete collaboration suggestions are discussed.

The Ethic of Confidentiality

School staff are legally and ethically responsible for safeguarding student information. This covers the mandates and exceptions to confidentiality rules.

Recognizing and Responding to

Students' Mental Disorders Offers information about common childhood mental disorders, warning signs to look for in the classroom and suggestions for how to approach parents with concerns.

Additional Frequently-Requested Topics Include:

- Preventing, Recognizing and Responding to Substance Abuse
 - Understanding Asperger's Disorder
 - Depression in Kids and Teens
 - Eating Disorders
 - How Families Impact Our Schools
 - Student Learning Styles
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Topics for Student Groups

We have exciting presentations and role-playing programs to assist with development of appropriate behavior. WCPA can work with entire classrooms or small groups of at-risk students, on any topic of the school's choosing. Frequently requested topics include:

- Drug and alcohol resistance
- Teasing and bullying
- Handling anger and conflict
- Self-esteem
- Friendship skills
- Basic social skills

Topics for Parent Groups:

Parent groups, such as PTA's, frequently use WCPA for guest speakers. Presentation length can vary according to the group's needs, and frequently requested topics include:

- Your Child's Self-Esteem
- How to Set Limits and Give Consequences
- How to Talk With Your Kids About Drugs and Alcohol
- De-Stressing Kids' Lives
- Parents' Survival Skills
- Working Within Your Child's Learning Style
- Collaborating With the School to Assure Your Child's Success