

About West County Psychological Associates:

West County Psychological Associates (WCPA) has been in operation since 1987. WCPA specializes in offering groups for parents who want to get support from other parents to share ideas on coping with parenthood's demands, to care for themselves and manage their stress levels and to learn about responding to oppositional behavior. WCPA professionals include Psychologists, Professional Counselors, Clinical Social Workers, Chemical Dependency and Psychoeducational Specialists and Art Therapists with varied backgrounds, experiences and specialties.

For more information about WCPA, please contact Dr. Mary Fitzgibbons at 314-275-8599.

Beyond Baptism—

Continuing the Faith Journey Through Parental Partnerships

A program for parents of newly baptized children and other parents, who wish to learn, grow and enrich themselves and their children during the most precious formative years.





Beyond Baptism—

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About the Program:

So many preparations begin well before your child is born – are we doing everything we can to ensure a healthy baby? What will we name him or her? Where will he or she sleep? Where will we deliver? Who will we choose for a pediatrician?

Once your child is born, even more decisions abound. ***Beyond Baptism*** provides yet another gift both for you and your child and that is to continue the faith journey through free, educational programs sponsored by your church, in partnership with West County Psychological Associates. ***Beyond Baptism*** educational programs are designed to give you skills and knowledge to help you form your child early on in a positive and nurturing way.

In addition to the educational programming, we anticipate that parents will form bonds and relationships with each other that will likely carry throughout the childhood years and into the school days. We also hope that social gatherings come about too!

How Often Can We Attend & When Can We Join?

All parents, grandparents and caregivers of children, regardless of their ages, are welcome to attend. Some churches may choose to require attendance at one or more sessions as part of the baptism process. Other churches may leave attendance as completely voluntary. Some possible topics include:

- “So Now You’re A Family” How to make additions to your family and live together in a healthy, dynamic way.
- “Why Do They Do That?” Understanding your child’s psychological development from birth to age 5.
- “When We Have Children, We Will . . .” Compromising together when deciding on a parenting philosophy.
- “Survivor: The Parenting Episode” Having realistic expectations for a child’s behavior and your own parenting skills.
- “Who’s The Boss In This Family?” Putting a child in his or her perspective within the family unit and acknowledging parenting struggles.
- “Where is the Instruction Manual?” How to problem solve together as a couple while raising children.

Thank you for your interest and we wish you the best in your journey toward compassionate, faith-based parenting!



